

Lifegroup Session 1: Discussion 11

Spiritual Habits: Guidance

Cross Culture Church

Goal: The goal of this discussion is to learn about the discipline of guidance.

Connect

1. Welcome & Introduce yourselves. Go over the outline for the night.
2. Expectations:
 - Show up. If you can't make it let us know. What you put in is what you will get out.
 - Have fun. We like to have fun, laugh, and be real!
 - We ask that what is said here stays here. We want this to be a safe place where we can be authentic and vulnerable.
 - When we are honest and vulnerable we grow.
3. Introductions (if a new person joined). Have everyone share how they got connected to the life group and CCC.
4. Big picture reminder: We are learning the Spiritual disciplines. We are learning how to go to the gym of the spirit, how to put more "tools" in our spiritual tool belt. Our goal is to grow closer to Jesus and walk in the freedom that spiritual disciplines bring.

Discussion:

1. Follow up on last top: Confession
Did God reveal anything to you? After sitting with this for a little bit what is God saying to you? Did you have any breakthroughs or find healing?

New Discipline: Guidance

Read: Matthew 18:19-20

Discussion: What stands out in these verses? What does God promise us?

There was an assurance that when a people genuinely gathered in his name his will could be discerned. Unity in the body of believers through the holy spirit puts us in a position to hear from God.

Richard J. Foster in the Celebration of Discipline describes what corporate guidance and community should look like:

"Such a community lives under the immediate and total rulership of the Holy Spirit. They are a people blinded to all other loyalties by the splendor of God, a compassionate community embodying the law of love as seen in Jesus Christ. They are an obedient army of the Lamb of God living under the spiritual disciplines, a community in the process of total transformation from the inside out, a people determined to live out the demands of the gospel in a secular world."

Read Richard J. Foster's quote sentence by sentence and talk through what each sentence brings to mind. Take time with this quote, breaking it down sentence by sentence.

Have your group read: Acts 4:32-33

Discussion: What do you hear in this passage?

Unity! They became a fiery band of witnesses declaring everywhere that Christ's voice could be heard and his will obeyed!

Discussion: How does corporate guidance work?

It is when a group of people- a body of believers:

Worship together, Fast, Pray, and allow the Spirit to guide them.

They become unified in the Holy Spirit.

When we decide to live under the direct rulership of the Spirit we can discern God's guidance.

You are in a life group at CCC so you are part of the body of Christ. You are in the community and are pursuing these things.

Yes- God created you as an individual with wonderful gifts and talents, but he made you to be part of His family. You are part of the Cross Culture Church family. Our heart is for unity in the spirit. We are better and stronger together. Let's keep pursuing the kingdom life, practicing the spiritual disciplines we are learning, and ask the Holy spirit to continue to speak to us and use us for his glory!

Action:

Am I praying?

Am I fasting?

Am I pursuing the things of the spirit?

Am I praying for God to speak to us as a church?

Prayer: Lord we pray for Cross Culture Church. Guide us as a body, as a community. We want to be fully surrendered to your Holy Spirit. We want to hear from you in everything. Guide us as a church.

Reminders: Remind them when your next life group is, share any CCC updates, and invite them to invite their friends to join your group.