

## **Don't Bounce Your Yes Check.**

### **Opening:**

- *Have everyone share Rose(Something good), Thorn(Something not good), Leaf(Something Funny). Keep it under a few minutes.*

### **Expectations:**

- Show up, if you can't make it let us know.
- Have fun.
- What's shared here stays here.
- Be willing to be vulnerable. Growth happens with honesty.
- Share but leave room for others to talk.

### **Announcements:**

Here is where the leader or someone in your group shares other opportunities to be involved at CCC.(Startingpoint 1st Sunday of the month)

### **Show Video(Don't Bounce Your Yes Checks)**

**Ask them to raise their hands if they have bounced their yes checks before.(Didn't fulfill a yes)**

*Whoever raises their hands last gets to read : )*

### **Read Mark 1:33-39, NIV**

**33** The whole town gathered at the door, **34** and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

## **Jesus Prays in a Solitary Place**

**35** Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. **36** Simon and his companions went to look for him, **37** and when they found him, they exclaimed: "Everyone is looking for you!" **38** Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." **39** So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

**Context:**The Crowds and the disciples followed Jesus everywhere He went and would camp wherever He was. Think Woodstock but without all the hedonism but still some good music.

- What did Jesus need to do to get away from the people?
- Why do you think He went to the Father when there were plenty of people around for him to talk to?
- How crucial was it for Jesus to talk to the Father for His purpose and mission in life consistently?
- What did Jesus have to say no to in this story in order to say yes to the Father?
- Jesus had limits. What were they based on this story?(Have fun with it)
- What are some limitations that you have that you tend to ignore when bouncing yes checks?
- In general, Where or What do you need to say “No” more to in your life so you can say Yes to Father better?

Go around and name some things that the Father is telling you to say yes to for His mission and purpose in your life.(Think discipleship, spiritual disciplines, serving, change, tithing etc)

What are you going to have to say “NO” to in order to say yes to Jesus?

Spend some time praying for the discipline to say, “No.” Pray for the person on your left and what they might have mentioned.